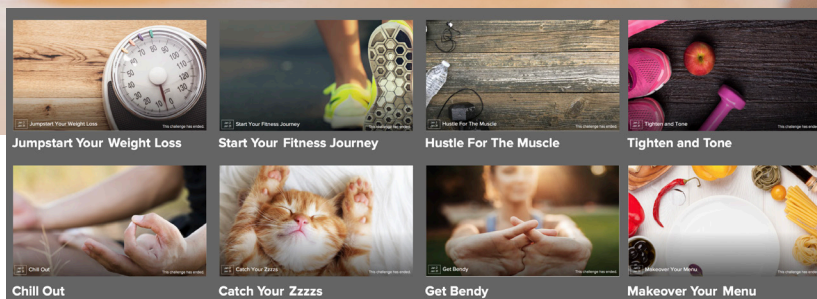




# Managed Challenges



## Quarterly Themed



- Hosted by Grokker
- Communications included
- Customized promotional materials
- Prizes managed by Grokker
- Connection and community with all Grokker members

### MOUNT OLYMPUS CHALLENGE STATS

**138** participants in challenge  
**76%** participants active in challenge (105)  
**81,928** total well-being Minutes earned  
**780** average well-being Minutes per active member

## Engage and empower

Grokker Wellbeing Challenges enhance workplace culture by promoting health, productivity, and social connections. They are simple to manage, fun to participate in, and effective at maximizing existing wellness investments.

[Get started with Challenges today >](#)